



Health and Safety Policy

Jay Rosa Academy is strongly committed to encourage participation, but the health, well-being and safety of each individual is always our paramount concern.

We recommend levels of training dependent on age and ability, and expect our players to participate within these boundaries.

To support our Health and Safety policy statement we are committed to the following duties:

- 1) Undertake regular, recorded risk assessment of the academy premises and all activities undertaken by the academy.
- 2) Create a safe environment by putting health and safety measures in place as identified by the assessment.
- 3) Ensure that all members are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity, and development.
- 4) Ensure that all members are aware of, understand and follow the academy health and safety policy.
- 5) Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- 6) Provide access to adequate first aid facilities.
- 7) Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

As a player/club member you have a duty to:

- 1) Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- 2) Co-operate with the academy on health and safety issues.
- 3) Correctly use all equipment provided by the academy.
- 4) Not interfere with or misuse anything provided for your health, safety or welfare.